

In the Realm of the Feminine



Arbitrary Dame Fashion Kotos Before Tango



WE would not have admitted it had we not become fascinated with the Argentine tango, the Brazilian maxixe and the Italian furiana. I mean we would not have admitted that our skirts were too tight. We did not mind swinging by our arms like our monkey ancestors every



ing amount of space about the feet was exploited. Now all the modistes in this country are inserting plaitings of lace or some other material equally fragile and fluff in the silts of the dancing frock.

In more ways than as an arbiter of fashion, however, has the dance gyrated its way into the life of the American people. It is making us all young. There is no longer the dancing set meaning the "ounger set since grand-

synopated dance music we travel miles and miles which if we were obliged to do without music would send us to bed with worn-out muscles and shattered nerves, but the glitter of the lights, the pretty costumes, the vivifying effects of the music, the flowery and perfumed atmosphere of the aesthetic sensibilities, and we retire after a night spent in dancing among the harmonious surroundings pleasantly weary physically, but mentally alert, to sleep soundly through the night and to awake the next morning refreshed to the weary grind of the daily work since night is the time when no man shall work, but the whole world shall tango.

The Argentine tango came to us from the Argentine Republic by way of Paris, as did the Brazilian maxixe. In its original form, as it was danced by the battle men of the Argentine, it was exceedingly vulgar. Paris modified it. New York did still more to it until now it is a very graceful, pretty dance, full of verve and swing, but by no means vulgar.

And the Brazilian apache would never recognize the wild dance which during the grueling process given it in Paris and New York lost its objectionable features. The Italian furiana is supposedly a Florentine folk dance which sprang into universal favor through extensive newspaper comment and upon the favor which Pope Pius was said to have shown it. It is not adaptable for general dancing, as there are too many open figures.

MAT WILMOTH.

VALUABLE HINTS FOR THE NEEDLEWOMAN.

MONOGRAMS and initials in solid French knots are quite the latest thing. Old English letters make more of a showing than the script when embroidered in the knots, but both are effective. Initials worked this way are not so tedious to make as those in satin stitch.

The woman who does a great deal of sewing, embroidery or crochet work is sometimes annoyed to find the first finger of her left hand more or less disfigured and sore because of the pricking of the needle. A strip of court plaster on the finger will prevent this and is especially useful when one wishes to sew just before some occasion on which it is important that the hands should look their best.

Long needles from which the heads have been removed may be made into useful pins by dipping the needles, by dipping their heads into hot sealing wax, repeating the dipping process when the first wax has cooled. Provided with these wax heads, the needles are superior to ordinary pins, as they are not only longer, but so fine that they will not make holes in the most delicate fabric.

A little box of cylinders with which to dust the hands occasionally should be found in the wardrobe of the woman who soils her work.

SHIELDS FOR KIMONO BLOUSE.

ORDINARY shields are impossible to wear with a kimono blouse.

Make a little large bolero jacket. Buy good washable shields, put pieces of thin elastic on the shields for shoulder straps, adjust the shields over the bolero, sew them in by the binding all around; then cut out all the material under the shields and either cut out the desired neck line in front and back or, if preferred, fasten the front with tapes.

man and grandpa dance now with all the ardor of their grandchildren.

The play instinct in humanity has at last been recognized as practically indestructible, and the modern dance is giving it a legitimate outlet. We need diversion. Modern living was unduly repressing us, making us into automations for work. We took even our pleasures seriously. Then came a natural revolt. We looked about for a sane way in which young and old could relax and found it in the modern dances.

These modern dances have been called even by hardy scientists "modest, beautiful, healthful and artistic," and in them we find not only amusement, but healthful exercise.

So to the strains of the fascinating

SOME FIGURES OF MODERN DANCES

Castle walk, as well as in the other popular dances. Paquin was the first modiste to de-

WHAT FLOWERS TO GROW IN DECORATIVE WINDOW BOXES

When carefully handled few things will add so much to the beauty of dwelling rooms as window boxes filled with flowering or ornamental plants. The cheerfulness and airiness of the rooms can be greatly enhanced by window boxes adequately but not overfilled with suitable plants.

Some plants do best in full sunlight; others mened that they be partly shaded. Tropical and subtropical plants do best in the former case, and those plants which require cooler temperatures and more shade are best suited for the northern and eastern exposures.

For windows facing the street, where the principal aim is to produce a pleasing effect, among the best subjects are coleus, heliotrope, croton and geranium. All these, however, demand a good deal of sunshine. They do not succeed well on the northern front. For such a front, begonias, either tuberous or shrubby, are among the best that can be selected. Rubra produces abundance of exquisitely tinted pink flowers. Many leaved caladiums may also be used with great effect in the northern window.

Question of Sunshine. For a southern exposure, where flowers are not specially desired, but rather a foliage effect, a good combination can be made with dark-leaved coleus, light-leaved croton and trailing abutilon. A similar combination for such a position can be made with light and dark crotons, lotus, pelorhynchus and adiantum. Where flowers are desired for a southern window, heliotrope, white nasturtium, white anthurium and scarlet or cardinal geranium will be found effective. Two good varieties of geraniums are Brant and S. A. Nutt, the former scarlet, the latter cardinal. Another combination for flowers may be made

with white verbenas, salmon-colored geraniums (either Beate Pottevine or Mme. Charlotte), weeping jantana and ivy geranium.

Eastern exposures are suitable to plants that demand more light than those adapted to the north windows but less than those which enjoy the full glare of the southern sun. A good combination can be made of tuberous begonias (scarlet and white alternating), white thunbergia and scarlet nasturtium. A very pretty combination may be made with white anthurium, pink double petunia and wild cucumber. Still another with heliotrope, begonia (Duke Zeppelin), solanum jasminoides and manettia vine. For a northern window, dark and light fancy leaved caladiums, variegated vinca, trailing fuchsia and mau-randia make a very pleasing combination, and so do fuchsia (variety Phenomenal), begonia (Angel's Wing), dwarf ageratum, trailing fuchsia and ivy geranium. If a foliage effect rather than a flower effect is desired, the following combination will be found admirable: Boston fern, Asparagus Sprengeri, Cissus discolor and Russelia grandis. Soak the Soil Thoroughly.

There is not a bit of use in putting plants in ordinary boxes and letting them shift for themselves. Unless the window gardener is willing to have a box with an inside cross section of measurement 12 inches square, it would be better not to have any box at all. The box in order to be attractive should extend the full length of the window casing outside. It should be made of one inch boards closely fitted together and nailed with many more long nails than would ordinarily be necessary for a box of its size. A hole should be made at one end of the box and a plug placed

RECIPES TRIED AND FOUND VERY SUCCESSFUL BY WOMEN OF HONOLULU

GINGER BREAD.

One-half cup molasses, one-half cup sugar, one-third cup milk, one-third cup butter, one egg, one teaspoonful soda in molasses, one teaspoonful ginger, one teaspoonful cinnamon, two cups flour.

Bake in flat pan. A cup of raisins or nuts added improves ginger bread.

SIMPLE CHOCOLATE FILLING.

One cup powdered sugar, one big tablespoon chocolate, one spoon butter, one-half teaspoon vanilla, enough milk to make a thick paste.

NEVER FAIL PIE CRUST.

Two tablespoons of lard, four tablespoons ice water, eight tablespoons flour, pinch of salt.

GERMAN POTATO PANCAKES.

Grate four large potatoes raw, add two eggs, one cup sifted flour, one small teaspoon baking powder, pepper and salt, one tablespoon melted butter, enough cream to make a frying batter. Drop spoonful at a time into hot lard. Serve with parsley and sliced onion.

in it. This plug may be removed if necessary after a rain which has filled the box or when an excess of water is given at watering time. The plug should be accessible from the outside. On the inside pieces of broken pot should be placed to check the current and to prevent the washing away of soil.

During the summer the heat will shrink the earth away from the sides of the box, thus forming a channel for water to escape without actually entering the soil at all. In order to obviate this objection, the surface of the soil should be dished so that the center

HARMLESS COLORING FOR COOKS.

To color frostings or candy: Lavender—Two teaspoons of blackberry juice or jelly; blueish lavender—two teaspoons of blueberry juice; pink—beets, cherry or strawberry juice; brown—chocolate, coffee or tea; yellow—orange, lemon or yolk of egg; green—boiled spinach or Swiss chard, then squeeze through cheesecloth. All these are harmless and after a little practice one can become quite an expert and can have many dainty effects.

CARROT PUDDING.

One cup grated carrots, one cup grated potatoes, one cup flour, one-half cup butter, one cup raisins, one cup currants, one cup brown sugar, one teaspoon baking powder, a little of different spices. Steam for two hours.

PRUNE RAISIN OR PUDDING.

One egg, one-third cup of molasses, one-fourth cup butter, one-half cup sour milk, one-half cup bread crumbs, one teaspoon cinnamon, one teaspoon soda, one cup raisins or prunes. Steam for two hours; serve with hard sauce.

will be lower by half or three quarters of an inch than the sides, thus forming a sort of pocket in which the water will rest and make its exit slowly through the soil rather than down the outside. It will also be a help if the soil, more especially in the center, is kept loose and open. This can best be done just before water is to be applied. The soil should never be stirred while it is either wet or exceedingly dry.

The correct amount of water to apply can be judged only after a little experiment. It is a good plan to soak the soil thoroughly every time that

DUMPLINGS.

One cup flour, one teaspoon baking powder, one egg, salt, little milk. Drop into stew spoonful at a time, be sure and always wet spoon first in gravy. Do not remove cover for 10 minutes.

MARROW DUMPLINGS.

Cream marrow (not too much), add little butter, one egg, cracker crumbs to make stiff when mixed, salt, nutmeg and parsley. Make in balls size of marble, drop in soup and cook 20 minutes.

PEANUT BUTTER SOUP.

Melt in saucepan piece of butter size of walnut, and one teaspoon of flour; into this put a heaping tablespoon of peanut butter, then pour in slowly a pint of hot milk; add pinch of salt, and bring to a boil. Serve hot with crackers.

DOUGHNUTS.

One-half cup sugar, one tablespoon olive oil (or two teaspoons butter), one-half cup milk, one egg, pinch of salt, two cups flour, two teaspoons baking powder; flavor with nutmeg.

water is given. In hot weather the plants should be watered every day, preferably in the evening an hour or so after the sun has ceased to shine upon them.

Boxes Need Good Support. As window boxes when filled with wet soil are very heavy, they will need considerable support unless the window sills are very wide and well braced. The best support is made with wooden brackets nailed to the side of the house. The best braces are made of one inch stuff three or four inches wide, nailed to the side of the building 12 inches below the

PRACTICE OF REAL ECONOMY

So many different ideas of economy prevail among those who endeavor to practise it that it is somewhat difficult to know just what real practical economy is. Almost every one has some pet hobby in saving, and many feel because they succeed in making a satisfactory reduction in expenses in that particular line that the question of economy has been solved. All-around economy is practised by few people, and in cases where these pet hobbies are carried to the point of miserliness it is well that they do not extend to all of the expenditures.

There is a vast difference between practical economy and miserliness. One cuts out all extravagances and reduces expenses where it does not unnecessarily inconvenience, and the other curtails to such an extent as to deprive oneself or others of the ordinary comforts. The former is judicious management, and the housewife who has learned where to cut the expenses of her household without inconvenience to the family is a wise woman. An old adage tells us that "A woman can throw out with a teaspoon more than a man can bring in with a bushel." The little extravagances which many times appear too small to notice are the links that count up in the household rather than the large ones, and they are also the ones which can be stopped usually with small inconvenience to those concerned.

Practical economy often consists in buying the more expensive piece of material for a gown because it will wear much longer, or in spending money for a good book or lecture be-

cause of the knowledge one will gain. According to frequent statements heard, there are few people who do not economize in some way. As the income increases, the desires increase accordingly, so it is the few whose desires do not exceed the income, and the average person economizes on what he cares for the least, or to him is of the least importance. By the on-looker to whom this particular thing may seem very great, it is regarded as absolute stinginess to deprive oneself of the pleasure of having it in abundance, while the other does not feel any inconvenience from the lack of it. An illustration of this is frequently seen with girls. Abbie A. may think that Elizabeth B. is miserly because she does not spend more money on fine clothes, when the fact is that Elizabeth B. cares so much less for pretty dresses than for an education that she does not feel that she is being deprived of anything particularly desirable when she is enabled to save money to pay for her college course. Education is of so much more importance to her that fine clothing, latest styles and all that they bring, sink into comparative insignificance.

While the fool is asking advice the wise guy gets busy.

Hearts

are hard to win when one's complexion is marred by pimples, blackheads and blotches. Strengthen your charms, by keeping your complexion clear, with

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